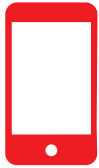




WHO CAN I CALL FOR HELP?



INSTRUCTIONS

If an emergency happens in your community, you need to know what numbers to call if you need help. Fill in the numbers below and ask your parents to include them in your family's emergency plan. At home, put your emergency plan somewhere everyone can see and use it.

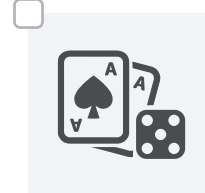
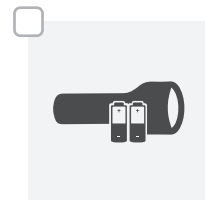
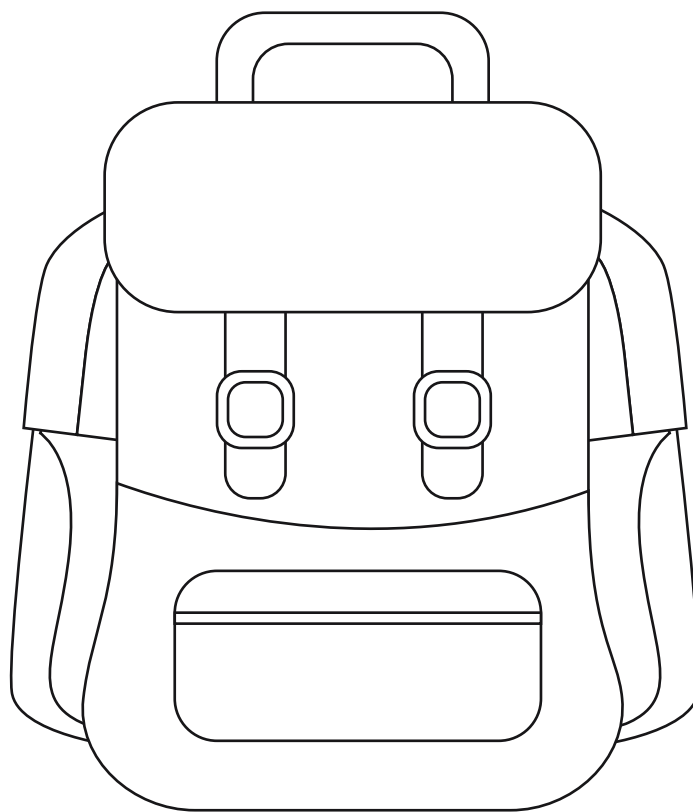
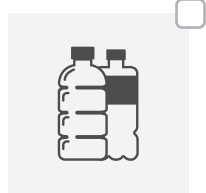
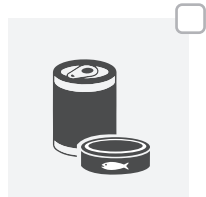
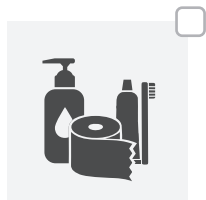
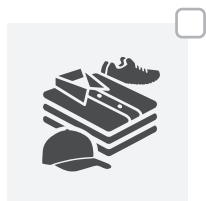
OUR ADDRESS	
OUR PHONE NUMBER	
Emergency	911 or
Fire	
Police	
Ambulance	
Parent or Guardian 1 (cell and work)	
Parent or Guardian 2 (cell and work)	
School phone number	
Other adults (grandparents, neighbours or babysitters)	
Doctor or health centre (clinic, hospital)	
Family doctor	
Poison control centre	

DO YOU HAVE YOUR **DISASTER PREPAREDNESS KIT**?



INSTRUCTIONS

In an emergency, it is helpful to have food, water and other important things ready to use. Take your family on a scavenger hunt in your home to find some of the items below. Check each item off as you find it.



With your parents' help, make your own kit in your favourite bag.

Make sure you can carry it with you if you need to evacuate.